



Ayurvedic herb for women

Shatavari



HIGHEST POTENCY • STANDARDIZED • 40% SAPONINS

Ayurceutics pure and potent Shatavari is the phytoestrogenic, Ayurvedic herb for women's health and rejuvenation. Traditionally used to promote lactation and address female dryness.

Shatavari

• TRADITIONAL AYURVEDIC HERB FOR WOMEN*

In Ayurveda, Shatavari is traditionally used by women for overall health and vitality, to promote lactation, and as an aphrodisiac.* In Sanskrit, the word Shatavari means 'She who possesses 100 husbands!'

The Science of Shatavari

Recent research supports the traditional classification of Shatavari (*Asparagus racemosus*) as a Rasayana, a dietary supplement or practice promoting rejuvenation, mental and physical health, as well as providing a defense against premature aging and challenging environmental factors. Shatavari has the general ability to promote normal physical functions and counteract the adverse effects of stress. In eight different stress tests, Shatavari produced significant anti-stress and immuno-stimulant effects.¹ Estrogenic activity of Shatavari, as demonstrated in a number of animal studies,²⁻⁴ supports its traditional use as an herb for women. Studies have also shown that Shatavari supports the production of breast milk⁵⁻⁷ and promotes healthy liver^{8,9} and antioxidant activity.¹⁰

References available

Directions

Take 2 (500 mg) capsules, twice a day. For long-term rejuvenation, take 1 capsule, one to two times per day or as directed by your health care practitioner. Not to be taken during pregnancy or by individuals avoiding estrogen-increasing substances. Keep out of reach of children.

Care for the Environment

As a manufacturer, our actions can have a large impact on the environment. We always look for the most earth-friendly, sustainable choice.

- Vegetarian capsules and tablets with no animal-derived ingredients
- Extraction using only pure water & alcohol, not toxic solvents
- Organic cotton stuffing
- Non-irradiated herbs

Effectiveness. Formulated according to both western science and traditional Ayurvedic principles.

Quality. Every aspect of production is carefully supervised at our 50,000 square-foot factory in Southern India, a state-of-the-art, American-owned nutraceutical complex operating strictly according to GMPs (Good Manufacturing Practices).

Potency. We guarantee the potency of our products. The strength of each batch of Mangosteen is verified by our factory's advanced laboratory.



Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	
Shatavari (<i>Asparagus racemosus</i>) root extract	500 mg*
40% saponins	200 mg*

*Daily Value not established

Other Ingredients: vegetarian capsules, rice flour, silicon dioxide.

Soy, wheat and gluten free.



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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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